Coolcotts Designated Centre

An Teach Nua Annual Report

Report 2017

Report as of December 2017

Required under Part 7 Section 23 (1)(d) and section 23 (2) (a)

An Teach Nua is one of 2 houses that make up the designated Centre 'Coolcotts'

An Teach Nua is a community home located in Wexford which can accommodate 6 residents. It is 1 of 2 homes that make up the Designated Centre Coolcots

All residents are encouraged to make their own choices about all aspects of their lives. Where a resident requires support to do this, staff will support them with additional information, advice and contact with the resident's family, friends or other professionals as necessary.

An Teach Nua is a purpose built dwelling that comprises of six bedrooms with one ensuite shared between two bedrooms on the ground floor as well as a kitchen/dining, sitting room, utility room, laundry room, Jacuzzi bathroom. On the first floor is an activity room, staff sleepover room with en-suite and an office.

Review of quality, safety, care and support

In January 2017 a long term resident of An Teach Nua passed away. This was a difficult time for everyone in the home, however all residents were supported by staff and management through this time and coped very well.

Each resident continues to develop their Person Centered Plan (PCP) with the support of their Keyworkers. The Keyworker and resident meet every two weeks. All residents had an annual PCP review meeting, which was held in An Teach Nua. All meetings are recorded and minuted and are easily available to residents.

The home has a weekly residents meeting in which residents actively participate, allowing for the opportunity to plan and discuss activities and topics of interest within the group. This also gives residents time to chat as a group about their friend and housemate who passed away in January.

Staffing

The staffing structure in An Teach Nua is 1 Social Care Leader who leads the team, 2 Social Care workers and 2 Care Assistants. Staff work on a rostered basis and one member of staff will 'Sleep over' each night.

The company continues to support Staff to update their training and have received training in the following areas during the year,

Fire safety
Medication management
Diabetes training.
Manual Handling
CPR and First Aid
Safeguarding of Vulnerable Persons
MAPA

All residents continue to attend their day services attending the Activation Centre (Ard Aoibhinn Services), Dun Ri (Ard Aoibhinn Services) and Windmill Therapeutic Unit. Following their PCP meetings and changes in identified need some residents choose to remain at home rather attend their day service. During 2017 this was facilitated within the staffing resources available.

Most residents choose to attend Able Disabled Club on a weekly basis and enjoy the extra activities. Within the club they participate in parties, fundraisers, church gate collections etc.

Overall all residents enjoy a range of social and therapeutic activities and participate in a number of activities within the community, cinema, bowling, meals out, attending mass, shopping trips, library and swimming visits. All residents are encouraged to participate in family events and have attended weddings, christenings and birthdays with the support of their families and staff members.

Health &Safety

Fire Drills are carried out on monthly basis and the records within the home confirm this. Risk assessments have been completed for all residents regarding this. Routes for evacuating the building in the event of fire/emergency and are displayed in residents bedrooms.

All <u>General Risk Assessments</u> carried out in An Teach Nua are located in the Health and Safety Folder. All <u>individualised risk assessments</u> carried out in relation to a particular resident's personal needs are located in their personal file. All risk assessments are reviewed on a regular basis.

There were small number of incidents recorded on the Health & Safety Database during 2017. 7 under the category of Slips/Trips/Falls, 1 relating to an electrical appliance fault and 1 resident related one where there was a disagreement.

Medication, finance and file audits continue to be carried out by CNM3 and Social Care Leader. There are rigorous checks on a weekly basis i.e. drug recording sheets; medication stock checks and residents finance balances checked three times weekly and full signatures by two staff members. Resident's finances are also audited by Ard Aoibhinn Administrative staff at least twice yearly.

Developments

An assessment was carried out on an individual to assess suitability for placement in An Teach Nua. Residents were informed of this and look forward to meeting this individual.

Conclusion

Residents in An Teach Nua are well cared for and express overall happiness in their home. Residents coped well with the help and support of all staff with the loss of their friend and house mate in January 2017.

I would meet residents regularly and give opportunities for residents to share how they are and how things are at home.

Gerard Heaney

Manager of Services